

 $22 \beta_2$ -adrenoceptor agonists are considered the most effective drugs to counteract bronchoconstriction in horses with asthma, but only clenbuterol is commonly employed in clinical 24 practice. We evaluated the effects of different selective β_2 agonists: clenbuterol, ritodrine, salbutamol, and fenoterol on the contractions of isolated bronchial muscle of horses induced by 26 electrical field stimulation (EFS), carbachol, histamine, and KCl. All β_2 agonists reduced the amplitude of contraction induced by the different stimuli but with variable efficacy and potency. Fenoterol and salbutamol were more effective than clenbuterol in relaxing the bronchial contractions induced by EFS and histamine, and were able to completely abolish carbachol-induced contractions, 30 unlike clenbuterol and ritodrine. The respective potency values (pEC_{50}) of clenbuterol, ritodrine, salbutamol, and fenoterol were 7.74±0.20, 7.77±0.17, 7.30±0.23, 8.01±0.13, for EFS-induced contractions; 8.39±0.26, 5.49±0.28, 6.63±0.14, 7.68±0.11, for carbachol-induced contraction; 7.39±0.27, 7.04±0.28, 6.45±0.34, 7.34±0.22, for histamine-induced contraction; 7.15±0.06, 6.07±0.20, 6.48±0.14, 6.70±0.18, for KCl-induced contraction. Salbutamol and fenoterol showed a higher efficacy than clenbuterol in relaxing horse bronchial muscle pre-contracted by most stimuli. Clenbuterol displayed a good potency but a rather low efficacy, and this may be due to its partial agonist nature; ritodrine showed lower or not significantly different efficacy and potency compared to the other agonists. An evaluation of the clinical efficacy by fenoterol and salbutamol in horses with asthma could be of great interest to assess if they could represent more effective bronchodilators compared to clenbuterol.

Keywords:

Clenbuterol

- Ritodrine
- Salbutamol
- Fenoterol
- Horse
- Bronchi

1. Introduction

51 Equine asthma is a common chronic disease of respiratory system which affects horses, inducing recurrent bronchoconstriction, variable airflow reduction, decreased performance, bronchial hyper- responsiveness, and inflammation (Leclere et al., 2011; Léguillette, 2003). Although this disease shares some features with human chronic obstructive respiratory disease (COPD) (Calzetta et al., 2017a), it is now considered more similar to human asthma, especially for its multifactorial pathogenesis, characterised by an interplay between genetic predisposition and environmental triggering factors (Bond et al., 2018; Robinson et al., 1996); the term "equine asthma" is therefore currently preferred in place of recurrent airway obstruction (RAO), COPD or heaves,. Since the exposure to specific airborne antigens in susceptible subjects is the spark that ignites the immune reaction leading to bronchospasm and inflammation of the airways, the most effective way to treat this disease would be environmental control. An effective and thorough removal of antigens is however often impossible, and thus the management of clinical signs in asthmatic horses relies 63 heavily on the use of bronchodilator and anti-inflammatory drugs, such as β_2 -adrenoreceptor (AR) agonists, antimuscarinic agents, and corticosteroids. Other drugs have been proposed for the therapy of this disease, and clinically tested, such as methylxanthines, and mast-cell stabilisers with variable 66 results (Pirie, 2014), but a recent meta-analysis study on horses treated for asthma concluded that β_2 agonists and corticosteroids are the most effective drugs, and should be considered the paramount 68 therapeutic tools against this disease (Calzetta et al., 2017b). Among β_2 -AR selective agonists, clenbuterol is the most frequently administered to horses with asthma, while small clinical trials were conducted with other drugs such as terbutaline, fenoterol, salbutamol, or salmeterol (Erichsen et al., 1994; Henrikson and Rush, 2001; Matera et al., 2011; Murphy et al., 1980; Tesarowski et al., 1994). Although being effective therapeutic agents to counteract excessive bronchoconstriction, these drugs may cause several adverse effects such as tachycardia, arrhythmia, sweating, muscular tremors, hyperglycaemia, excitement and alterations of gastrointestinal motility (Derksen et al., 1987; Pearson

2. Materials and methods

2.1. Preparations of tissues

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2.2. Motility experiments

117 The effects induced by different β2 agonists were studied on the contractions of bronchial smooth muscle induced by electrical field stimulation (EFS), carbachol (nonselective muscarinic agonist), histamine, and potassium chloride (KCl). EFS was applied by means of two coaxial platinum electrodes positioned 10 mm from the longitudinal axis of the preparation and used to deliver trains

 of square wave pulses (1 ms duration, 50 V amplitude) every 90 s to the tissue, at a frequency of 15 Hz (Ugo Basile). Phasic contractions of constant amplitude were obtained, and for each experiment, the intensity was adjusted to a level giving 70-80% of the maximum tissue response (usually 250-300 mA) in order to detect both a decrease and an increase of contraction amplitude. For the assessment 125 of the effects of β_2 agonists on the sustained contractions induced by carbachol, histamine, or KCl, 126 - either a single aliquot of 10^{-7} M carbachol, 10^{-6} M histamine or $2x10^{-2}$ M KCl was added into the organ bath solution, and the effect was observed until a constant plateau of contraction was achieved. The EFS parameters and the concentrations of carbachol and histamine were selected because, according to preliminary experiments, they were able to induce stable contractions, suitable to evaluate the effects of different β2 agonists. For each experiment, concentration-response curves of the agonists were constructed, by adding cumulatively each drug into the bath solution in 1-log unit increments of concentration. Each concentration-response curve was then fitted to nonlinear regression with variable slope using a commercial software (GraphPad Prism ver. 7.0a, GraphPad 134 Inc.). The effects of $β_2$ agonists were expressed as the percentage of variation of pre-drug amplitude of contraction, assumed as 100%. Agonist efficacy was expressed by calculating the maximum effect 136 obtained for each drug (E_{max}) . The potency of each agonist was expressed by the concentration giving 50% of maximum effect (EC₅₀) from individual fitted concentration-response curves and expressed 138 with pEC_{50} value (-Log EC_{50}).

139 In a separate set of experiments, the effects some of the β_2 -AR agonists on carbachol-induced 140 contraction were also evaluated in presence of ICI 118,551 a selective β_2 -AR antagonist. From each horse, one bronchial ring was used for the concentration-response curve of the agonist alone, while two rings were employed for the curve of the agonist in presence of the antagonist. When the antagonist was used, a single concentration of the ICI 118,551 was left to incubate for twenty minutes in the organ bath solution, and the concentration-response curve with each agonist was constructed. 145 In these experiments, antagonistic potency was expressed by pA_2 value (-log K_B, K_B being the equilibrium constant of the antagonist).

2.3. Drugs

172 The potency values (pEC₅₀) calculated against EFS-evoked contractions were 7.74±0.20, 7.77±0.17, 7.30±0.23, and 8.01±0.13 for clenbuterol, ritodrine, salbutamol, and fenoterol, respectively (Table 2).

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3.2. Carbachol-induced contraction

3.4. KCl-induced contraction

221 ACh, released from parasympathetic nerve terminals, is the main neurotransmitter responsible for 222 bronchoconstriction in most species, including the horse, and an excessive response of muscarinic 223 receptors and/or an enhanced release of this substance have been involved in the pathogenesis of 224 asthma both in horses and humans (Wang et al., 1995; Hashimoto et al., 1996; Zhang et al., 1999). In 225 vitro assessment of the ability of β_2 -AR agonists to relax bronchial smooth muscle pre-contracted 226 with ACh or other muscarinic agonists (such as carbachol) is therefore of great utility for the 227 screening of potential new drugs to be used clinically in asthma-affected horses. In our study, each of 228 the four tested selective β_2 agonists inhibited the phasic contractions evoked by EFS in 229 concentration-related manner; since these contractions were previously shown to be induced by the 230 release of endogenous ACh (Menozzi et al., 2014), these effects closely relates to the ability of drugs 231 to dilate bronchial muscle contracted by parasympathetic stimulation, as it occurs in horses with 232 asthma. Although none of the β_2 agonists were able to completely abolish EFS-induced contractions, 233 fenoterol and salbutamol resulted significantly more effective with respect to clenbuterol. These data 234 are in agreement with previous findings of a higher efficacy in activating β_2 -ARs by fenoterol and 235 salbutamol compared to clenbuterol (Baker, 2010); moreover, clenbuterol was shown to possess the 236 lowest intrinsic efficacy among different selective β_2 agonists in relaxing equine tracheal muscle pre-237 contracted with carbachol (Torneke et al., 1998). No significant differences in potency were found 238 among the four selective β_2 agonists in relaxing bronchial muscle pre-contracted by EFS. This result 239 is not in accordance with previous evidence of clenbuterol being the most potent among all four 240 agonists at human β_2 -AR, as well as in motility studies on horse tracheal muscle and human bronchi 241 (Baker, 2010; Nials et al., 1993; Torneke et al., 1998). None of these studies, anyway, evaluated the 242 relaxant properties of β_2 agonists against EFS-induced contractions, and this might be one reason for 243 such discrepancy.

244 The results regarding the efficacy of the different β_2 agonists in relaxing carbachol-induced 245 contraction are particularly interesting since the activation of muscarinic receptors plays a major role in asthma-related bronchoconstriction in the horse (Broadstone et al., 1988); indeed, clenbuterol was 247 the most potent in reducing this type of sustained contraction, as previously found in isolated equine tracheal muscle (Torneke et al., 1998), followed by fenoterol, salbutamol, and ritodrine. Fenoterol was superior in potency compared to salbutamol in relaxing bronchial smooth muscle pre-contracted by carbachol, confirming what was already observed in human bronchial muscle, since fenoterol was up to 24 times more potent than salbutamol, in reducing airway inherent tone (Linden et al., 1996; Nials et al., 1993).

 However, clenbuterol and ritodrine , reached a maximal effect of -83.80% and -88.30%, respectively, whereas fenoterol and salbutamol relaxed bronchial preparations completely; in addition, fenoterol 255 was able to abolish carbachol-induced contraction at a concentration $(10^{-7} M)$ 100 times lower with respect to salbutamol. By contrast, in a previous study, clenbuterol abolished completely the contraction caused by carbachol (Torneke et al., 1998); in our experiments, however, we used a concentration of carbachol which was more than two-fold with respect to that employed in that study, and this may explain this difference. Since clenbuterol has a low intrinsic efficacy (Torneke et al., 1998), its inability to completely relax bronchial smooth muscle contracted by a higher concentration of carbachol is not surprising.

262 The relaxing effects of salbutamol and fenoterol on carbachol-induced contraction were 263 antagonised by selective β_2 -AR antagonist ICI 118,551 in a competitive fashion, and pA₂ values determined for this drug are in accordance with those previously found for this compound (Goldie et al., 1984; Janssen and Daniel, 1991); since very few data are available about salbutamol in horse isolated bronchi, and fenoterol has never been studied before in this tissue, our results seem to 267 confirm that these two agonists relax bronchial smooth muscle by activating adrenoceptors of the β_2 subtype.

269 Even though ACh is the main neurotransmitter responsible for the contraction of bronchial smooth muscle in most species, other endogenous mediators exert a contractile effect on airway muscle, and play a role in the pathogenesis of asthma, such as histamine. Histamine, released from mast-cells,

 was shown to promote the release of ACh from parasympathetic nerve terminals, and to sensitize smooth muscle cells to ACh-induced contraction (Marinkovic et al., 2007); moreover, histamine 274 directly contracts airway muscle by the activation of H_1 receptors. In the present study, selective β_2 275 agonists were effective in relaxing horse bronchial muscle preparations pre-contracted with 10^{-6} M histamine. However, only fenoterol and salbutamol were able to reduce the amplitude of contraction almost completely, whereas clenbuterol and ritodrine behaved as partial agonists with an efficacy of only -47.17% and -24.14%, respectively. These results seem to confirm the partial agonist nature of 279 clenbuterol and highlight important differences in the efficacy of selective β_2 agonists against histamine-induced contraction of horse bronchial muscle. Indeed, in a previous study, clenbuterol was ineffective against airway narrowing caused by inhaled histamine in ponies (Derksen et al., 1987), whereas a low dose of fenoterol resulted effective in reducing bronchoconstriction in asthmatic human patients (Magnussen and Rabe, 1992). The contraction of equine bronchial muscle caused by KCl resulted overall more resistant to the 285 relaxant effect of β_2 agonists, since the maximal efficacy obtained among all drugs was of -55.25% only. This may be probably due to the fact that KCl-induced contraction depends on the influx of 287 extracellular calcium (Bolton 1979), whereas β_2 agonists influence mostly the intracellular content of the ion (Barisione et al., 2010), like it occurs when muscarinic receptors are activated (Gosens et al., 2006).

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5. Conclusions

294 The results of the present study showed that salbutamol and fenoterol were able to relax the bronchial smooth muscle of horses contracted by muscarinic receptor stimulation and by histamine with a higher efficacy compared to clenbuterol. Moreover, the partial efficacy displayed by

 clenbuterol in reducing the contraction of horse bronchial muscle in this study seems to support earlier findings of a low efficacy both in vivo and in vitro (Derksen et al., 1987; Erichsen et al., 1994; Johnson, 1998; Torneke et al., 1998).

300 Ritodrine did not seem to be more effective than clenbuterol in reducing the contractions of horse bronchial muscle and, since data regarding its efficacy as a bronchodilator in vivo are lacking, being currently used only to prevent pre-term labour in humans (Kim et al., 2018), it is hard to foresee a possible future clinical utility of this drug in respiratory diseases of horses.

304 The good efficacy showed by fenoterol and salbutamol could instead promote further studies to assess if they may represent valid alternatives to clenbuterol to be used as bronchodilators in horses 306 with asthma. The use of selective agonists with a higher selectivity for β_2 -ARs versus β_1 -ARs, such as fenoterol, could also grant a lower incidence of adverse effects due to the activation of β_1 receptors, such as tachycardia or cardiac arrhythmias. Inhaled fenoterol was indeed previously shown to improve clinical signs and respiratory parameters in horses with heaves, without evidence of side

effects (Tesarowski et al., 1994). Additional in vivo studies are anyway required in order to expand

the knowledge about the clinical efficacy and safety of fenoterol and salbutamol in horses with

asthma.

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Competing interest statement

All authors agree to the publication of this manuscript and have no conflicts of interest to declare.

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 Fig. 1. Relaxing effects of increasing concentrations of clenbuterol, ritodrine, salbutamol, and fenoterol on the contractions of horse bronchial muscle induced by EFS. All data are expressed as mean±SEM from 8 experiments. **Fig. 2.** Relaxing effects of increasing concentrations of clenbuterol, ritodrine, salbutamol, and fenoterol on the contraction of horse bronchial muscle induced by nonselective muscarinic agonist, 417 - carbachol 10^{-7} M. All data are expressed as mean \pm SEM from 8 experiments. **Fig. 3.** Relaxing effects of increasing concentrations of clenbuterol, ritodrine, salbutamol, and 421 fenoterol on the contraction of horse bronchial muscle induced by histamine 10^{-6} M. All data are expressed as mean±SEM from 8 experiments. **Fig. 4.** Relaxing effects of increasing concentrations of clenbuterol, ritodrine, salbutamol, and 426 fenoterol on the contraction of horse bronchial muscle induced by KCl $2x10^{-5}$ M. All data are expressed as mean±SEM from 8 experiments. **Fig. 5.** Relaxing effects of increasing concentrations of salbutamol (A) and fenoterol (B) on carbachol-induced contraction of horse bronchial muscle without (Co) and in presence of selective β ₂-AR antagonist ICI 118,551 10⁻⁸ M and 10⁻⁷ M. Both salbutamol and fenoterol were antagonised by ICI 118,551 in a competitive fashion.

Fig. 1

Fig. 3

Fig. 4

Fig. 5

 TABLE 1 Efficacy values (Emax) for selective β2 agonists against the contractions of horse bronchial 450 muscle induced by EFS, carbachol, histamine, and KCl. All values represent mean \pm SEM of 8 experiments

452					
453		EFS	Carbachol	Histamine	KCl
454					
455	Clenbuterol	$-53.62 \pm 5.21\%$	$-83.80 \pm 11.52\%$	$-47.17 \pm 10.92\%$	$-29.02 \pm 6.46\%$
456					
457	Ritodrine	$-68.55 \pm 5.26\%$	$-88.30 \pm 11.70\%$	$-24.14 \pm 6.21\%$	$-29.36 \pm 8.92\%$
458					
459	Salbutamol	$-75.94 \pm 6.95\%$ ^a	$-100%$	$-95.44 \pm 3.51\%$ ab	$-55.25 \pm 9.97\%$
460					
461	Fenoterol	$-86.60 \pm 10.08\%$ ^a	$-100%$	$-91.63 \pm 6.24\%$ ab	$-52.66 \pm 12.95\%$
462					

463 a $p < 0.01$ *vs* clenbuterol; b $p < 0.0001$ *vs* ritodrine.

 EFS Carbachol Histamine KCl Clenbuterol 7.74 ± 0.20 8.39 ± 0.26 ab 7.39 ± 0.27 7.15 ± 0.06 d **Ritodrine** 7.77 ± 0.17 5.49 ± 0.28 7.04 ± 0.28 6.07 ± 0.20 **Salbutamol** 7.30 ± 0.23 6.63 ± 0.14 6.45 ± 0.34 6.48 ± 0.14 **Fenoterol** 8.01 ± 0.13 7.68 ± 0.11 ab 7.34 ± 0.22 6.70 ± 0.18 c

465 TABLE 2 Potency values (pEC_{50}) for selective β_2 agonists against the contractions of horse bronchial 466 muscle induced by EFS, carbachol, histamine, and KCl. All values represent mean \pm SEM of 8 experiments

479 $a_p < 0.0001$ *vs* ritodrine; $b_p < 0.001$ *vs* salbutamol; $c_p < 0.05$ and $d_p < 0.001$ *vs* ritodrine.