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Modulation of the somatotropic axis, adiponectin and cytokine secretion during highly pathogenic porcine reproductive and respiratory syndrome virus type 1 (HP-PRRSV-1) infection

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3 **Modulation of the somatotropic axis, adiponectin and cytokine secretion during highly**  
4 **pathogenic porcine reproductive and respiratory syndrome virus type 1 (HP-PRRSV-1)**  
5 **infection**

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11

12 Short title: Endocrine and cytokine response to PRRSV infection

13

14 **Abstract**

15 Porcine reproductive and respiratory syndrome virus (PRRSV) is known to be clinically responsible  
16 for reproductive failure in sows and post-weaning respiratory disease in growing piglets. During the  
17 last years, highly pathogenic PRRSV isolates have been discovered. In Italy, a PRRSV-1 subtype 1  
18 strain (namely PR40/2014) characterized by high pathogenicity was isolated and experimental  
19 infection was characterized in terms of virological/clinical features and immune modulation (Canelli  
20 et al., 2017; Ferrari et al., 2018). The present study was performed in 4-week-old pigs experimentally  
21 infected with the highly pathogenic PRRSV1\_PR40/2014 (HP-PR40) or with the conventional  
22 PRRSV1\_PR11/2014 (PR11). The aim was to evaluate the interrelation between plasmatic hormones  
23 and cytokines in infected pigs compared to uninfected controls in order to address potential effects  
24 on the course of an experimental infection. The time-related changes of growth hormone (GH),  
25 insulin-like growth factor-1 (IGF-1), adiponectin, interleukin-6 (IL-6) and tumor necrosis factor- $\alpha$   
26 (TNF- $\alpha$ ) levels appear to be modulated by the infection depending on the PRRSV isolate (HP-PR40  
27 vs. PR11). In particular, in HP-PR40 infected animals, the association between high GH levels and  
28 viremia may testify the need to block the anabolic action of GH in order to shift available energy

29 towards the immune response. This need appeared to be delayed in PR11 animals, given the lower  
30 pathogenicity of the isolate. Adiponectin, IL-6 and TNF- $\alpha$  course supports the hypothesis of GH  
31 resistance mechanisms to guarantee homeostasis in HP-PR40 animals and underlines the key role of  
32 energy availability in events leading to an effective response to the virus.

33

34 **Keywords:** highly pathogenic PRRSV (HP-PRRSV); growth hormone resistance; insulin-like growth  
35 factor-1; adiponectin; pro-inflammatory cytokines.

36

### 37 **Introduction**

38 Bidirectional communication between the immune and neuroendocrine systems is well known, as  
39 immune cells produce hormones and similarly, neuroendocrine cells secrete cytokines and express  
40 specific cytokine receptors. This multi-directional communication guarantees the maintenance of  
41 homeostasis and, therefore, of health. In particular, it responds to pathogen challenge to re-establish  
42 homeostasis (McEwen and Wingfield, 2010). Hormones and cytokines, particularly pro-  
43 inflammatory cytokines, are the main players of this coordinated cross-talk. Their action translates  
44 into enhancement of innate immunity, support for acquired immunity and control of immune-  
45 mediated inflammation, with an efficiency increase of the immune response against infection  
46 (Borghetti et al., 2009).

47 Porcine reproductive and respiratory syndrome (PRRS) is a widespread disease caused by an  
48 enveloped, positive-stranded RNA virus (PRRSV) which belongs to the family Arteriviridae. The two  
49 well-known genotypes of the virus, type 1 or PRRSV-1 (European) and type 2 or PRRSV-2 (North  
50 American), have been recently classified as two viral species within the genus Porartevirus (Adams  
51 et al., 2017). The intra-species variability is very high so that PRRSV-1 can be divided into at least  
52 four (pan-European subtype 1 and East European subtypes 2, 3 and 4) and PRRSV-2 into at least nine  
53 subtypes (Stadejek, et al., 2013). The infection shows three phases identified as acute phase,  
54 persistence and extinction (Lunney et al., 2016). In the acute phase, the lung is the preferential site of

55 infection and the typical respiratory disease PRRSV causes in new-born and growing piglets results  
56 in severe economic losses. Viremia persists for several weeks despite the presence of circulating  
57 antibodies since virus-neutralizing antibodies (VNA) develop very slowly and sometimes maintain  
58 very low titres. In fact, the importance of an efficient cellular response has been demonstrated in  
59 terms of cytotoxic cells and IFN- $\gamma$  secreting cells, especially during the first weeks after infection  
60 (Martelli et al., 2009, 2013). During persistence, the virus replicates in lymphoid organs and  
61 replication subsequently declines until the disappearance of the virus. However, the virus may  
62 replicate for more than 250 days (Wills et al., 2003).

63 Important breakthroughs in the understanding of PRRSV biology have been obtained in recent years,  
64 however, a more comprehensive understanding of the mechanisms of the immune and endocrine  
65 system responses to PRRSV infection is needed in order to improve control strategies and design  
66 novel vaccines which counteract/dampen PRRSV infections/co-infections and favours balanced  
67 integrated responses. A previous study by the authors (Borghetti et al., 2011) showed that time-related  
68 changes of hormones such as GH and cortisol, in association with pro-inflammatory and anti-  
69 inflammatory cytokines, occur during natural infection by a PRRSV isolate and that vaccination can  
70 modulate these responses in terms of a better support for innate immunity.

71 The existence of genetically divergent PRRSV isolates, with varying degree of virulence, makes the  
72 understanding of PRRSV immunopathogenic mechanisms more complex. Furthermore, different  
73 clinical and virological outcomes have been reported within the known genotypes, suggesting the  
74 emergence of highly pathogenic (HP) PRRSV strains (Zhang et al., 2016). In this context, an Italian  
75 PRRSV-1 subtype 1 strain (namely PR40/2014) characterized by high pathogenicity was recently  
76 isolated and experimental infection was characterized in terms of virological/clinical features and  
77 immune modulation (Canelli et al., 2017, 2018; Ferrari et al., 2018).

78 The present experimental study was performed in piglets infected with two European isolates showing  
79 different pathogenicity: PRRSV-1\_PR40/2014 (HP) and PRRSV-1\_PR11/2014 (non-HP), a  
80 conventional isolate, both isolated in Italy in 2014. The aim of the study was to compare the endocrine

81 and immune response to two different strains of PRRSV with different pathogenicity as this feature  
82 can cause variations in morbidity and mortality. In particular, the understanding of strain influence  
83 on the anti-viral response could improve the control strategies and management of vaccine protocols.  
84 Therefore, we evaluated plasma concentrations of growth hormone (GH), insulin-like growth factor-  
85 1 (IGF-1), adiponectin, interleukin-6 (IL-6) and tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ) and their  
86 association with changes of viremia and antibody concentration. Why did we choose these factors?  
87 What connects them? They are all involved in the so called “check and balance system”, where the  
88 specific effects of each factor (i.e. growth, immune response modulation, metabolism regulation, etc.)  
89 are to be read and play a role in body homeostasis.

90

## 91 **Materials and methods**

### 92 *Animals and experimental design*

93 The study was conducted in a biosafety level 2 (BSL-2) facility. Seventeen, 4 week-old, conventional  
94 mixed sex pigs from a PRRSV-free herd were included in the study. These animals, allocated in three  
95 different rooms of the experimental facility, were checked to confirm PRRSV-negativity by  
96 quantitative real-time PCR (qtRT-PCR) according to Martelli et al. (2013), randomized by random  
97 numbers table (obtained by Microsoft Excel) and assigned to three different groups:

98 Group 1: 7 pigs, intra-nasally (IN) infected with PRRSV1\_PR40/2014 (HP-PR40);

99 Group 2: 7 pigs, IN infected with PRRSV1\_PR11/2014 (PR11);

100 Group 3: 3 pigs, IN inoculated with medium only (non-infected / negative control).

101 For both group 1 and group 2, a dose of  $10^5$  TCD<sub>50</sub> PRRSV/pig in 2 ml (1 ml/nostril) was IN  
102 inoculated. Working stock for both viruses was the 3<sup>rd</sup> passage on porcine alveolar macrophages  
103 (PAMs), confirmed by a PRRSV-specific staining on cells and by qtRT-PCR (Martelli et al., 2013),  
104 titrated and tested negative for other relevant viruses (porcine circovirus type 2, PCV2, and swine  
105 influenza virus, SIV). Plasma and serum samples were collected on the day of inclusion (-6) and on  
106 days 0, 3, 7, 10, 14, 17, 21, 28 and 35 post-infection (pi). On day 35 pi the animals surviving the

107 experiment were euthanized, according to standard protocols for the humane treatment of  
108 experimental animals. The experimental study was approved by the Ethical Committee and by the  
109 Ministry of Health in Italy (171/2016-PR), according to the European and National regulations on  
110 experimental infection studies and animal welfare.

#### 111 *Clinical monitoring and gross anatomo-pathological lesions*

112 Daily rectal temperature, average daily weight gain (ADWG) and general conditions, and the  
113 appearance of respiratory symptoms such as coughing, nasal discharge, abnormal breath were  
114 recorded and scored for severity. Technicians involved in this monitoring were blinded. Clinical signs  
115 and gross anatomical lesions were previously described (Canelli et al., 2017). In summary, control  
116 animals did not exhibit significant clinical signs or gross lesions. Mortality rate was similar in the two  
117 infected groups. The severity of the clinical conditions made it necessary to euthanize four pigs per  
118 group during the study. All the other pigs survived until the end of the experimental period.

119 No remarkable lung lesions were observed in the negative control group while interstitial pneumonia  
120 was evident in infected groups, independently from the isolate. In particular, animals showed  
121 multifocal to coalescing areas of atelectasis, congestion and alveolar and interlobular edema. The  
122 incidence of lesions was higher in the HP-PR40 group compared to the PR11 group. Atrophy of the  
123 thymus was detected in both groups, with an almost complete atrophy of the cervical part of the  
124 thymus in the HP-PR40 group.

125 Interstitial pneumonia with lymphocytes and monocyte/macrophage septal infiltrations was observed  
126 at different degrees of severity in both groups.

127 In both groups, thymus showed atrophy of germinal centres and lymphocytopenia of lobular medulla  
128 and reduced T cell subpopulation. In lymph nodes, B cells were very scarce and located in the  
129 germinal centers of mildly activated follicles while T cells were located all around the follicles. These  
130 patterns were present in the HP-PR40 group with a higher severity respect to PR11 pigs. Negative  
131 controls did not show any microscopic lesions.

#### 132 *Viremia and virus re-isolation*

133 RNA was extracted from serum by using Trizol LS (Invitrogen) following the manufacturer's  
134 instructions. Serum virus RNA copy number was evaluated by using a quantitative real time RT-PCR  
135 (qtRT-PCR) as previously described (Martelli et al., 2013).

136 Viruses used for experimental infection were re-isolated from sera of infected pigs with the highest  
137 copy numbers detected using qtRT-PCR, by one-passage cultivation on PAMs and adapted to  
138 MARC-145 cells. The MARC-145 adapted viruses were confirmed as homologous with the original  
139 strains of the infection by ORF5 and ORF7 sequencing.

#### 140 *Hormone and cytokine assays*

141 Samples were analyzed in duplicate for hormones and cytokines by ELISA validated for swine.  
142 Plasma samples were assayed for growth hormone (GH) by validated ELISA as previously described  
143 (Baratta et al., 2002; Saleri et al., 2016). The intra- and inter-assay coefficient of variation (CV) were  
144 3.3% and 6.2%, respectively. The minimal detection limit was 100 pg/ml. Porcine insulin-like growth  
145 factor-1 (IGF-1) detection was determined by the porcine IGF-1 ELISA kit (MyBioSource Inc., San  
146 Diego, CA, USA). The minimum detectable dose was 0.188 ng/ml. Intra- and inter-assay CV were  
147 4.2% and 7.1%, respectively. A specific commercial kit was used to evaluate adiponectin plasma  
148 concentration (porcine ELISA Kit for Adiponectin, Cloud Clone Corp., Houston, TX, USA).  
149 Sensitivity was 0.114 ng/ml; intra- and inter-assay CV were 4.2% and 5.4%, respectively. Tumor  
150 necrosis factor- $\alpha$  (TNF- $\alpha$ ) levels were analyzed by using a specific commercial kit (Quantikine  
151 porcine TNF- $\alpha$ , R&D Systems, Abingdon, UK). The intra- and inter-assay CV were 5% and 7%,  
152 respectively. The sensitivity was 4 pg/ml. Interleukin-6 (IL-6) concentration was assayed by a  
153 competitive commercial kit ELISA (Quantikine porcine IL-6, R&D Systems, Abingdon, UK). The  
154 intra- and inter-assay CV were 6.9% and 8%, respectively. The sensitivity was 10 pg/ml.

#### 155 *Statistical analysis*

156 Immunological and hormonal data were analyzed by ANOVA using a mixed model with group,  
157 sampling and the interaction between group and sampling as fixed factor. The basal values recorded  
158 before PRRSV infection were used as a covariate. Experimental data were presented as mean  $\pm$



159 standard error of mean (SEM). Statistical significance was reached for  $P < 0.05$ . Differences among  
160 groups were considered significant if  $P < 0.05$ , and as a trend to significance when  $0.05 \leq P < 0.10$ .  
161 ANOVA was performed by applying the GLM procedure SAS 9.4 (2014).

162

## 163 **Results**

### 164 *Viremia and virus re-isolation*

165 Comprehensive data relative to the course of viremia are reported in Canelli et al. (2017). For reasons  
166 of completeness and clarity, we provide here a description of virological data. Briefly, at 0 dpi all  
167 animals were PRRSV-negative. PRRSV was not detected in sera from control group animals. In the  
168 HP-PR40 and PR11 groups, viremia started at 3 dpi and peaked at 7 and 10 days after inoculation,  
169 respectively. Uninfected control animals remained negative throughout the study.

170 After 10 dpi, viremia started to decrease in both infected groups. Survived animals showed values  
171 lower than one cDNA  $\text{Log}_{10}$  copies/ $\mu\text{L}$  at the end of the study period. HP-PR40 pigs showed a higher  
172 viremia for the whole duration of the study.

173 The phylogenetic analyses performed after sequencing the isolates at the viremic peak directly from  
174 serum and the isolates used for infection confirmed, in all cases, a homology  $>98\%$  for ORF5 and  
175  $>99.5\%$  for ORF7.

### 176 *Hormone and cytokine plasma levels*

177 The plasma concentrations of GH over the period of study are shown in Figure 1. On day 0, mean  
178 plasma levels in control, HP-PR40 and PR11 groups were  $7.45 \pm 0.12$ ,  $6.89 \pm 0.32$  and  $7.41 \pm 0.67$  ng/ml,  
179 respectively. From day 7 until day 21 pi, plasmatic GH significantly increased ( $P < 0.05$ ) in HP-PR40  
180 pigs, with statistically significant differences observed compared to control and PR11 pigs.

181 Thereafter, GH levels decreased to reach basal levels at 35 dpi. In control and PR11 groups, plasma  
182 GH levels were consistent with physiological variations of the hormone. Plasma concentration of  
183 IGF-1 (Figure 2) on day 0 was  $78.6 \pm 7.76$  (control),  $79.4 \pm 6.9$  (HP-PR40) and  $92.4 \pm 13.2$  ng/ml (PR11).

184 In the HP-PR40 group, a significant decrease ( $P < 0.05$ ) in plasma levels was observed from day 7 to

185 day 21 pi as compared to PR11 and control groups. The PR11 group did not show significant  
186 differences as compared to the control group. The adiponectin profiles in the three groups are shown  
187 in Figure 3. No significant differences were detected in plasma levels on day 0 among groups: mean  
188 values were  $8.7 \pm 0.2$  (control),  $5.9 \pm 0.5$  (HP-PR40) and  $7.1 \pm 0.3$  (PR11)  $\mu\text{g/ml}$ . Adiponectin levels in  
189 the HP-PR40 group showed significantly higher concentrations ( $P < 0.05$ ) in correspondence of the  
190 viremia peak and until day 14 pi, as compared to the control group and the PR11 group. PR11 pigs  
191 showed a significant increase in adiponectin levels starting after the vanishing of viremia (17 dpi)  
192 until the end of the experimental period. Tumour necrosis factor- $\alpha$  plasma concentration (Figure 4)  
193 at the start of the study was  $65.3 \pm 6.6$  (control),  $57.4 \pm 4.7$  (HP-PR40) and  $53.7 \pm 6.5$  (PR11). In the HP-  
194 PR40 group, a significant increase ( $P < 0.05$ ) was observed at 3 and 7 dpi. The PR11 group showed a  
195 similar trend, even if the significant increase ( $P < 0.05$ ) in TNF- $\alpha$  levels was at 14 and 17 dpi. The  
196 results regarding IL-6 are shown in figure 5. In pigs inoculated with the PR11 isolate (PR11 group),  
197 IL-6 showed a significant increase ( $P < 0.05$ ) in correspondence of the viremic peak (day 7 pi),  
198 followed by a decrease to basal levels. Animals infected with the PR40 strain (HP-PR40 group)  
199 showed inhibition of the IL-6 response from day 7 pi to the end of the study; the reduction appeared  
200 to be significant at 7, 14, 17, and 21 dpi as compared to the control group and the PR11 group  
201 ( $P < 0.05$ ).

202

## 203 Discussion

204 Infection by PRRSV in piglets is characterized by fever, anorexia and respiratory disease and in  
205 infected new-born and growing pigs, the typical consequence of PRRSV infection is a respiratory  
206 disease due to interstitial pneumonia. Gross lesions observed following PRRSV infection are  
207 dependent on the virus isolate, genetics of the infected pig, stress factors and other complicating  
208 agents, particularly bacteria and interactions with other viruses (e.g. PCV2). Frequently, innate and  
209 acquired immune responses are inefficient to early and efficiently eliminate the virus because PRRSV  
210 is able to suppresses type 1 interferons from infected cells and innate cytokine secretion (Loving et

211 al., 2015). Furthermore, the cytokine response can be influenced by the virus strain, in fact, available  
212 evidence suggest that different strains can induce different cytokine release patterns (Park et al., 2008;  
213 Silva-Campa et al., 2010). For this reason, we chose to evaluate the dynamics of response to two  
214 Italian isolates of PRRSV differing in pathogenicity, starting from a study approach based on the  
215 bidirectional communication between the immune and neuroendocrine systems. It has become  
216 accepted that energy availability is strongly linked to the integrated response of the immune and  
217 neuroendocrine systems (Ashley and Demas, 2017).

218 It is known that classical hormones modulate immunity (Taub, 2008; Borghetti et al., 2009; Dantzer,  
219 2018) and pro-inflammatory cytokines can act with local and systemic hormonal effects (Elenkov,  
220 2008). In fact, GH, that is essential in growth regulation, belongs to the large group of class I helical  
221 cytokines and mainly influences the immune responses. GH is a potent anabolic hormone: several of  
222 its effects are mediated by IGF-1 which is mainly produced by the liver.

223 The first result that stands out from this study is that GH levels increased in the HP-PR40 and PR11  
224 groups as compared to controls. Numerous studies have shown that inflammatory states lead to a state  
225 of hepatic GH resistance. The reduced GH sensitivity may be accompanied by decreased hepatic GH  
226 receptor (GH-R) expression, which in turn leads to GH resistance. This condition is characterized by  
227 normal or elevated levels of GH associated with decreased IGF-1 levels (Soendergaard et al., 2017),  
228 which results in an altered hepatic response to GH. Physiologically, GH resistance occurs in any  
229 status where it is essential to limit energy expenditure by modulating the anabolic actions of GH. In  
230 humans, chronic diseases, malnutrition and systemic inflammation can lead to GH resistance  
231 (Soendergaard et al., 2017) whereas in swine no data are available on this phenomenon. In the present  
232 study, infected animals (HP-PR40 and PR11 groups) showed higher levels of GH (compared to  
233 uninfected controls), associated with a marked delay in average daily weight gain. It is also interesting  
234 to observe that the higher GH levels in the HP-PR40 group occurred simultaneously with the viremic  
235 peak. Therefore, these results would suggest a state of GH resistance. There are two particularly  
236 interesting aspects about the results on GH secretion. First, the viral strain seems to influence the

237 response: the highly pathogenic strain (HP-PR40) is characterized by severe clinical signs in growers  
238 as compared to PR11 (Canelli et al., 2017). Therefore, the correspondence between high GH levels  
239 and viremia may indicate the need to block the anabolic action of GH, in order to shift available  
240 energy towards the immune response. This need could be delayed in PR11 animals, given the lower  
241 pathogenicity and clinical impact of the strain. In fact, in this group, the increase of GH levels was  
242 subsequent to the viremic peak. Secondly, the significant decrease in plasma levels of IGF-1 during  
243 viremia would support the presence of GH resistance in the HP-PR40 group. In HP-PR40 infected  
244 animals, the response may be directly linked to the inflammatory response and to the levels of pro-  
245 inflammatory cytokines, namely TNF- $\alpha$  and IL-1, specifically induced by viral infection (unpublished  
246 data).

247 The growth hormone is mainly secreted by the anterior pituitary, but the pituitary is not the only site  
248 of production. Weignent et al. (1988) first showed that immune cells not only express GH receptors  
249 but also express and secrete GH. In humans, immune cells mainly express two GH genes, which are  
250 also expressed in the anterior pituitary (Melen et al. 1997; Kooijman et al., 2000). It has been  
251 demonstrated that GH mainly stimulates the immune response and is directly involved in thymus  
252 activity and involution (Verburg et al., 2017). It is known that GH regulation in the immune and  
253 endocrine systems is very different. Systemic GH binding to its lymphocyte receptors would cause  
254 an up-regulation of secretion of local GH. It could act in an autocrine/paracrine fashion on immune  
255 cells themselves to produce further amounts of GH (positive feedback) or to induce the production of  
256 cytokines. GH and cytokines use the same JAK-STAT molecular pathway and a direct positive effect  
257 of GH on TNF- $\alpha$  secretion in humans was demonstrated (Bozzola et al., 2003). Some of the key  
258 inflammatory cytokines, such as TNF- $\alpha$  and IL-6, negatively influence the expression of GH  
259 receptors (Soendergaard et al., 2017).

260 In HP-PR40 animals, TNF- $\alpha$  levels peaked at 3 dpi, before the viremic peak; this cytokine levels then  
261 decreased during viremia to reach control values at 10 dpi. In PR11 animals, TNF- $\alpha$  levels increased  
262 starting after the end of the viremic peak (14 dpi). The courses of GH and TNF- $\alpha$  appear rather similar

263 among the animal groups. The difference between HP-PR40 and PR11 groups was, as for GH, the  
264 start of increase: at viremia for HP-PR40 and after viremia for PR11. In our opinion, since TNF- $\alpha$   
265 directly inhibits GH-R expression in the liver, these results support the hypothesis of GH resistance.  
266 The different time of the TNF- $\alpha$  response in the groups lead us to hypothesize that the virus  
267 pathogenicity elicits different mechanisms in the organism. It is known that PRRSV down-regulates  
268 TNF- $\alpha$  secretion in the early phase of infection, to bypass the induction of apoptosis in infected cells  
269 (Lopez-Fuertes, 2000). This mechanism may be interrupted in HP-PR40 pigs to safeguard energy to  
270 guarantee a more efficacious reaction to a strain with high pathogenicity. However, the trend of TNF-  
271  $\alpha$  in PR11 infected pigs was in line with the results on this cytokine we observed under field  
272 conditions, where PRRSV infection did not activate an early and efficient inflammatory and innate  
273 immune response but, contrarily, induced a down-regulation/delayed response of pro-inflammatory  
274 and immune cytokines (Borghetti et al., 2011).

275 In this regard, we also underline the different behaviour of IL-6 in the two infected groups. The  
276 animals infected by the HP-PR40 strain showed, from 7 dpi to the end of the study period, an  
277 inhibition of the IL-6 response. In PR11 pigs, the IL-6 peak occurred in correspondence of the viremia  
278 peak, followed by a decrease in plasma levels. IL-6 acts by two pathways (Rose-John, 2012),  
279 dependent on two different receptor forms: the classical IL-6 signalling begins with the binding to  
280 the membrane-bound receptor expressed only on the hepatocytes and some epithelial cells. The  
281 complex IL-6/IL-6 receptor associates with the protein gp130 and activates the JAK/STAT pathway.  
282 The protein gp130 is ubiquitously expressed in the cells, but cells which express only gp130 cannot  
283 respond to IL-6. In fact, in these cells the binding of IL-6 to a soluble form of IL-6 receptor can  
284 activate gp130 (trans-signalling pathway). In this way, all cells can be responsive to IL-6. The  
285 classical signalling pathway mediates the anti-inflammatory actions of IL-6 such as the inhibition of  
286 epithelial cell apoptosis and the induction of hepatic acute phase response (APR). Trans-signalling is  
287 also involved in IL-6 pro-inflammatory activities. The rise of IL-6 levels at 7 dpi in response to a  
288 “conventional virus” but not in response to the high pathogenicity strain, leads us to hypothesize that

289 the trans-signalling pathway was blocked. This supports the hypothesis of a different energy  
290 management depending on the virulence and on the indirect role of IL-6 in the induction of regulatory  
291 molecules of the suppressor of cytokine signalling (SOCS)-family (Denson et al., 2003).

292 Also the results on the adiponectin concentration are in agreement with this scenario. In our study,  
293 the trend of adiponectin in infected groups could testify that the neuroendocrine response is linked  
294 with the immune response, and specifically with the inflammatory cytokines, namely TNF- $\alpha$ .  
295 Adiponectin levels in the control group are significantly different only on day 17. No differences  
296 were observed in TNF- $\alpha$  levels. The levels of adiponectin are linked to the adipose tissue content.  
297 During growth, the levels physiologically change showing physiological fluctuations. In fact, our  
298 results are consistent with data reported by Ramsay et al. (2010). Several clinical data reported in  
299 obese humans show a negative correlation between adiponectin and TNF- $\alpha$  (Kern et al., 2003; Liu et  
300 al., 2016), suggesting a direct role of adiponectin on macrophage activity to suppress pro-  
301 inflammatory cytokine production and to exert a protective effect. In fact, in both infected groups,  
302 the plasmatic peak of adiponectin is after the decrease in TNF- $\alpha$  levels, subsequent to the TNF- $\alpha$   
303 peak. Adiponectin includes multiple complexes and has a structure similar to the complement factor  
304 C1q (Scherer et al., 1995). In mice, TNF- $\alpha$  inhibits the multimerization of adiponectin *in vitro* and *in*  
305 *vivo* (He et al., 2016); adiponectin multimerization would be a more efficient mechanism in the  
306 adipocyte regulation of adiponectin production and secretion. We can hypothesize the involvement  
307 of a similar mechanism also in our animals, when PRRSV infection imposes a different use of energy  
308 availability. In addition, it is well known that adiponectin has an anti-inflammatory activity (Esmaili  
309 et al., 2014) through suppression of differentiation and classical activation of M1 macrophages (M1)  
310 by downregulating pro-inflammatory cytokines, i.e TNF- $\alpha$  and IL-6 (Ajuwon et al., 2005; Ohashi et  
311 al. 2010). Macrophages exhibit adiponectin receptors 1 (ADIPO-R1) and 2 (ADIPO-R2) even if the  
312 exact role of these receptors in anti-inflammatory adiponectin effects has yet to be clarified  
313 (Yamaguchi et al., 2008; Hui et al., 2015). However, we know that the mediators involved in the  
314 immune response are the key modulators in the regulation of energy and therefore in homeostasis.

315 Homeostasis is strongly linked to energy balance and availability. The high levels of adiponectin in  
316 correspondence of the rise of GH could support the need of the GH resistance mechanism to guarantee  
317 homeostasis in diseased animals.

318

### 319 **Conclusions**

320 In summary, this study suggests that the time-related changes of peripheral GH, adiponectin, IL-6  
321 and TNF- $\alpha$  levels appear to be modulated by the PRRSV strain (HP-PR40 vs. PR11) and underline  
322 the key role of energy availability in events leading to an effective response to the virus. A more  
323 thorough understanding of the pathways and molecules regulating the interface of the immune and  
324 endocrine response would be necessary and a better evaluation of this integrated response to a specific  
325 viral infection such as PRRS may provide additional knowledge on the pathogenesis and on the  
326 impact of infection on productive performance.

327

### 328 **Declaration of interest**

329 This study was performed primarily for scientific reasons within a conventional academic framework.

330 The authors declare that there are no conflicts of interest.

331

### 332 **Ethics statement**

333 The experimental study was approved by the Ethical Committee and by the Ministry of Health in  
334 Italy (171/2016-PR), according to the European and National regulations on experimental infection  
335 studies and animal welfare.

336

### 337 **Software and data repository resources**

338 None of the data were deposited in an official repository.

339

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467 **Figure captions**

468 **Figure 1** Course of GH plasma levels in infected (PR11 and HP-PR40 groups) and control (C group)  
469 pigs in the post-exposure period. Data shown as mean values  $\pm$  SEM. Asterisk (\*) indicates a  
470 statistically significant difference ( $P<0.05$ ) between infected (groups PR11 and HP-PR40) and control  
471 pigs. Different letters indicate a statistical difference ( $P<0.05$ ) among time points within the same  
472 group.

473

474 **Figure 2** Course of IGF-1 plasma levels in infected (PR11 and HP-PR40 groups) and control (C  
475 group) pigs in the post-exposure period. Data shown as mean values  $\pm$  SEM. Asterisk (\*) indicates a  
476 statistically significant difference ( $P<0.05$ ) between infected (groups PR11 and HP-PR40) and control  
477 pigs. Different letters indicate a statistical difference ( $P<0.05$ ) among time points within the same  
478 group.

479

480 **Figure 3** Course of adiponectin plasma levels in infected (PR11 and HP-PR40 groups) and control  
481 (C group) pigs in the post-exposure period. Data shown as mean values  $\pm$  SEM. Asterisk (\*) indicates  
482 a statistically significant difference ( $P<0.05$ ) between infected (groups PR11 and HP-PR40) and  
483 control pigs. Different letters indicate a statistical difference ( $P<0.05$ ) among time points within the  
484 same group.

485

486 **Figure 4** Course of TNF- $\alpha$  plasma levels in infected (PR11 and HP-PR40 groups) and control (C  
487 group) pigs in the post-exposure period. Data shown as mean values  $\pm$  SEM. Asterisk (\*) indicates a  
488 statistically significant difference ( $P<0.05$ ) between infected (groups PR11 and HP-PR40) and control  
489 pigs. Different letters indicate a statistical difference ( $P<0.05$ ) among time points within the same  
490 group.

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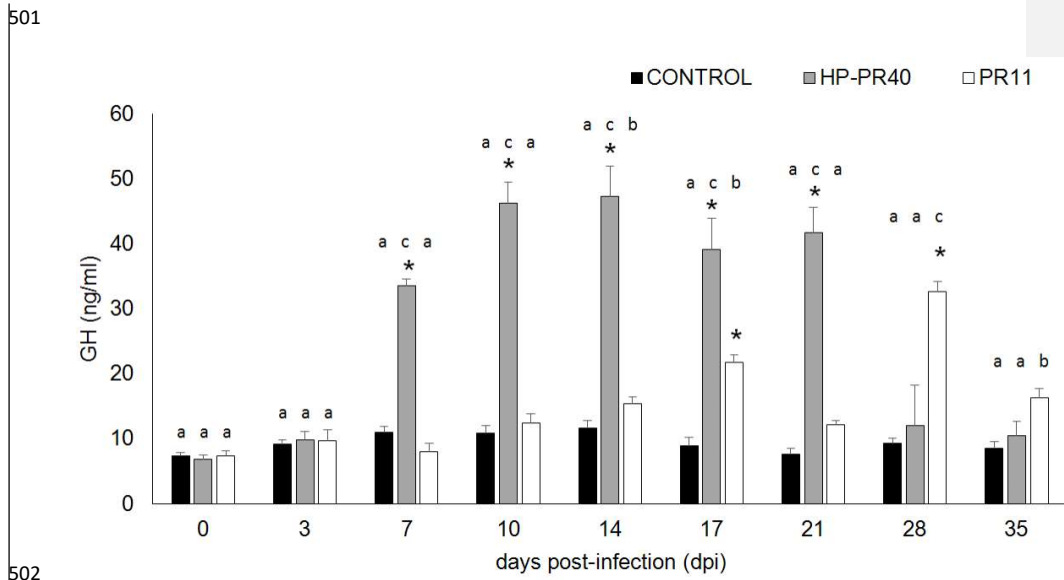
492 **Figure 5** Course of IL-6 plasma levels in PR11 and PR40 infected (PR11 and HP-PR40 groups) and  
493 control (C group) pigs in the post-exposure period. Data shown as mean values  $\pm$  SEM. Asterisk (\*)  
494 indicates a statistically significant difference ( $P < 0.05$ ) between infected (groups PR11 and HP-PR40)  
495 and control pigs. Different letters indicate a statistical difference ( $P < 0.05$ ) among time points within  
496 the same group.

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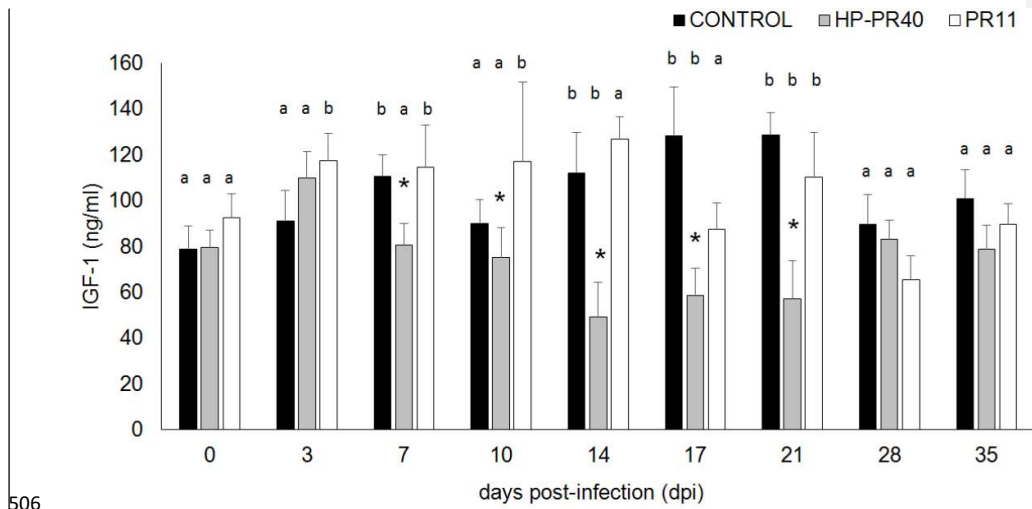
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500 Figure 1

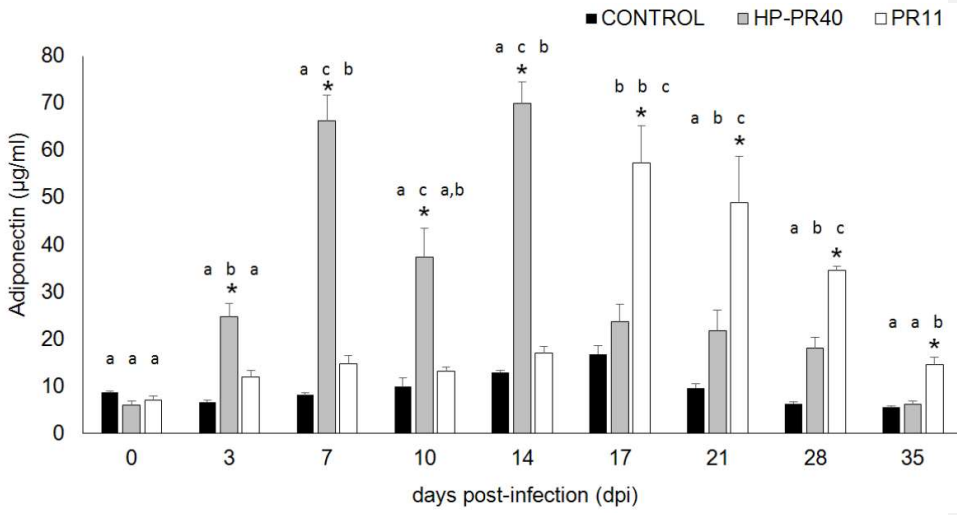


506 Figure 2



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509 Figure 3

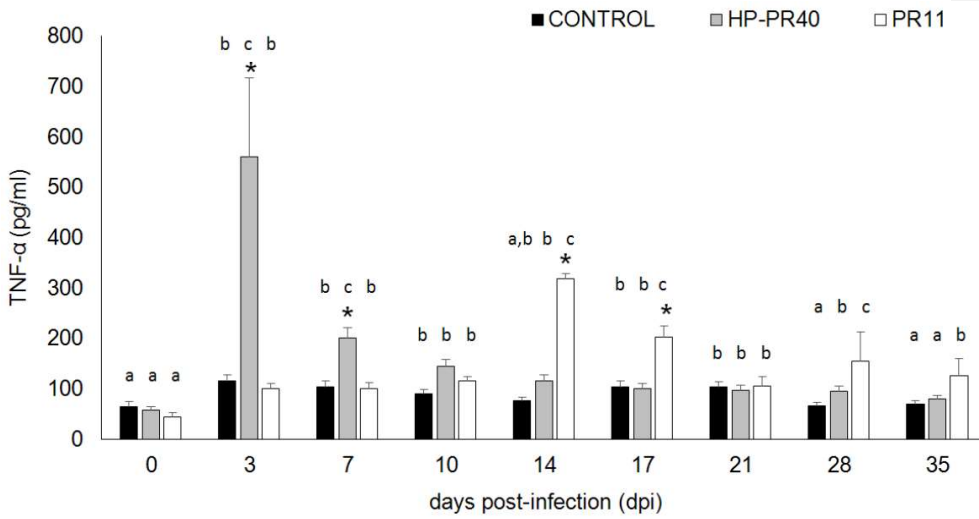


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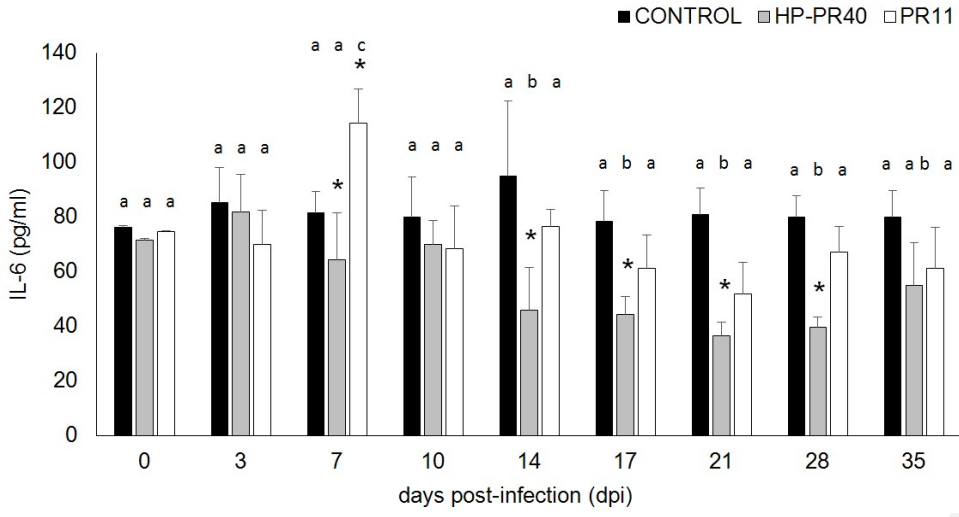
513 Figure 4



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515 Figure 5



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