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1 The prevalence of *Dirofilaria immitis* and *D. repens* in the Old World

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9

10 Abstract

11 *Dirofilaria immitis* and *D. repens* are endemic throughout Europe and southern eastern
12 regions of Asia and reported with increasing frequency in Africa. Nevertheless, the
13 increased awareness of veterinary practitioners, even in countries where the prevalence is
14 low, has led to a decrease *D. immitis* prevalence in dogs, especially in previously
15 endemic/hyper-endemic areas. Prevalence has significantly increased, however, in areas
16 where heartworm has apparently spread more recently, such as Central and North Eastern
17 Europe. Furthermore, autochthonous cases have been observed in Siberia. Low
18 seroprevalence has been reported in Croatia, while in Romania it has reached 14%. In
19 Greece, the prevalence ranges 0.7%-25% and in Turkey 0-18%. Data for canine
20 dirofilariosis in Africa is scarce, and most are case reports. Overall, the dominant species
21 is *Achanthocheilonema dracunculoides*, although both *D. immitis* and *D. repens* have been
22 reported from some country. In the Far East, the prevalence ranges from 2%-15% in
23 northeastern of China. In Hong Kong a novel species has been found in dogs and humans
24 (*Candidatus* *Dirofilaria hongkongensis*). In India, the prevalence ranges from 4.7%-29.5%
25 in Northeastern states.

26 The main factors that have influenced the spreading of *Dirofilaria* infections are the climate
27 changes and the introduction of new, invasive, competent mosquito species such as
28 *Aedes albopictus* and *Ae. koreicus*. Other factors include relocation and insufficient
29 prevention in dogs, mainly in the new areas of colonization.

30 Feline heartworm infection has been diagnosed in every European country when
31 diagnosed either by the Knott test or by serology for circulating antibodies and antigens of
32 the parasite. However, prevalence is much lower than in dogs.

33 In spite of the continuing spreading of heartworm infection, *D. repens* is the main concern
34 in Europe, mainly for physicians, while the infection is nearly always asymptomatic in dogs.

35 The infection is spreading from Portugal to the Southeastern regions of Finland and
36 Siberia, and in some areas its prevalence overlaps that of *D. immitis*. Many reasons make
37 more difficult the control of *D. repens* than *D. immitis*: further the frequent lack of clinical
38 symptoms of suspicion, the specific diagnosis being possible only by blood examination
39 and the inefficacy of some macrocyclic lactones.

40
41 Key Words: *Dirofilaria immitis*, *Dirofilaria repens*, prevalence, Old World

42
43 Europe and Russia

44 *Dirofilaria immitis* (canine and feline heartworm disease) and *D. repens* (subcutaneous
45 infections) (Spirurida, Onchocercidae) are endemic throughout European countries and in
46 the southern eastern regions of Asia, and reported with increasing frequency in Africa
47 (McCall et al., 2008). Nonetheless, the increased awareness of veterinary practitioners
48 and owners even in countries where the infection prevalence is low or the heartworm (HW)
49 cases are sporadic (such as Germany, Netherlands, France) (Genchi et al., 2014) has
50 decreased *D. immitis* prevalence mostly in the past endemic, hyper-endemic areas. For
51 instance, in Northern Italy the prevalence decreased in three decades from >40% in dogs

52 living in lower Po River course (Guerrero et al., 1989) to about 8% in owned dogs not
53 treated with preventive drugs (Genchi et al., 2009), and most veterinary practitioners
54 currently surveyed have reported diagnosing no more than 5-20 yearly clinical cases of
55 canine HW and *D. repens* infections in previous hyperendemic areas (Genchi et al., 2019).
56 In the Canary Islands (Spain) the decrease was from 30% to 19% (Montoya-Alonso et al.,
57 2010) and Japan from 46% in 1999-2001 to 23% in 2009-2011 (Oi et al, 2014).
58 In France data from a nationwide serological survey of *D. immitis* and tick borne infections
59 carried out in 2009 (Panchev et al., 2009) showed a prevalence of 0.22% in healthy dogs
60 and 6.87% in dogs with suspected infection. The global annual prevalence (including
61 Corsica Island) of *D. repens* is 0.02%-0.12% (Capelli et al., 2018). In Spain, (Madrid area)
62 the prevalence of canine and feline HW infection is 3% and 0.2%, respectively (Montoya-
63 Alonso et al., 2017). In western regions the mean prevalence is 5.8% (Diosdado et al.,
64 2018), and 2.8% in the southeast of the country (Catalonia and Barcelona area; Montoya-
65 Alonso et al., 2015). In continental Portugal, canine HW infection is endemic and ranges
66 between 4% in apparently healthy dogs and 9% in clinically suspected dogs (Alho et al.,
67 2018). Furthermore, wild carnivores have been identified as a possible reservoir
68 (prevalence 3%-12% in foxes by necropsy) (Alho et al., 2018). The highest prevalence of
69 canine HW has been observed on Madeira Island (40%).
70 Data from a large serological survey (>80,000 serum samples) carried out in Germany has
71 shown 1.4% of positive results for *D. immitis*, but all the dogs were from endemic countries
72 such as Spain, Portugal and Greece (Vrhovec et al., 2017). *D. immitis* appears not to be
73 endemic in Austria, probably because most dogs are kept indoors, but with regard to the
74 data from neighboring countries (particularly Hungary, where the prevalence increase from
75 0.7% in the years 2006-2010, to 11.3% in 2015; Bacsadi et al., 2016), it will probably
76 become established in the near future (Fueher et al, 2016). Low prevalence has been
77 found by serology in Croatia in apparently healthy dogs (0.4%) (Jurković et al., 2019). In

78 Greece, the prevalence of canine HW infection ranges 0.7%-25%, with the higher values
79 in northern areas, where a high prevalence was recently found also in cats (9.4%)
80 (Angelou et al., 2019; Diaku et al, 2019).

81 In Romania, prevalences of 3.6%-14%, depending from the surveyed area, were found in
82 dogs (Mircean et al., 2012) and 18.5% in golden jackals (Ionică et al, 2016), although
83 prevalence as high as 42% was found in stray dogs in Southeast part of the country (Ciucă
84 et al, 2016). In Poland, *D. immitis* prevalence is very low (< 1%) (Krämer et al., 2014)
85 while *D. repens* prevalence is 12% (Demiaszkiewicz et al, 2014). In Turkey, overall *D.*
86 *immitis* prevalence ranges 0-18% (Köse and Erdoğan, 2012).

87 Regarding those countries where the parasite has more recently been observed, such as
88 the Eastern European countries, in some cases the prevalence has apparently significantly
89 increased in a short time. It is difficult to clarify if the parasite was present previously in the
90 dog population but not properly diagnosed or if the prevalence has actually increased. In
91 fact, it is also possible that the increasingly frequent cases of human infections (see as an
92 example Sałamentin et al., 2013; Moskvina and Ermolenko, 2018) have prompted
93 practitioners to carry out several surveys in dogs. However, in Central Europe (Slovakia), *D.*
94 *immitis* prevalence has increased up to 64% (Miterpáková et al, 2018) in some South
95 Western areas, and in some regions of Bulgaria from 15% in 2013-2014 (Radev, et al.,
96 2016) to 34% (Iliev et al., 2017). In Russia, HW prevalence ranges 3.6% (Moscow region)
97 to 36%-55% in the southern (Rostov region 15%) and central areas of the country (near the
98 course of large rivers such as the Volga and Amur) and 43.6% in far eastern regions, not
99 far from Vladivostok (Kartashev et al., 2011; Tumolskaya et al., 2016). Furthermore, the
100 prevalence of HW infection in wild carnivores examined by necropsy from the
101 Southwestern areas of the country was 20% for *D. immitis* in foxes; jackals were found
102 infected both by *D. immitis* and *D. repens* (31% and 10%, respectively), 10% of badgers
103 were found infected by *D. repens* only and 31% of raccoon dogs by *D. immitis* only

104 (Kravchenko et al., 2016). Autochthonous cases of canine *D. immitis* and *D. repens*
105 infections have been observed in Siberia (Yakutsk, 62°02'N 129°44'E). In spite of
106 extremely cold winters (until -36 °C), the parasite has homoeothermic conditions within the
107 host. During the summers, when transmission potentially occurs, the mean temperature in
108 Yakutsk is 18.7 °C (July 1961– 1990) (Pietikäinen et al., 2017). Therefore, the 130
109 *Dirofilaria* Development Units degree-days above 14 °C proposed to be required for the
110 extrinsic development into the infective stage in mosquitoes, can likely be reached within
111 the mosquitos' lifespan. In Ukraine, although data from dogs is scanty, an isolate of *D.*
112 *immitis* from human ocular cases has shown molecular characteristic different from *D.*
113 *immitis* reference stains, including those from dogs in the same area (Rossi et al, 2015).

114

115 One of the main factors that has influenced the spreading of *Dirofilaria* infection is the
116 changing climate that has caused an increase in abundance of mosquito populations, has
117 shortened the extrinsic development of infective stages and has lengthened the
118 transmission season. Other critical factors are the introduction of the Pet Travel Scheme in
119 2000, which has allowed easier movement of companion animals throughout the
120 European Union (Trotz-Williams and Trees 2003), the introduction of new, invasive,
121 competent mosquitoes species such as *Aedes albopictus* and *Ae. koreicus* (Montasi et al.,
122 2015), the presence of stray dogs with high prevalence of HW infection (e.g. 40%
123 prevalence in Sofia, Bulgaria; Metralova et al., 2018), and an insufficient prevention in
124 dogs, manly in the new areas of colonization.

125 It should be mentioned that there is no nationwide survey activity in Europe able to give a
126 complete picture of HW prevalence, such as for North America (AHS, CAPC; Bowman et
127 al., 2016), although forecasting maps have been published for *Dirofilaria* infections
128 (Genchi et al., 2005; Genchi et al., 2009). So, the above data are from surveys carried out
129 with different scopes (e.g. assessing prevalence in different age groups, sex or breed), in

130 different areas of a country and with different diagnostic methods (antigen serology, blood
131 examination or molecular methods).

132

133 Asia

134 In the Far East, the reports of heartworm infections are scarce. In China, the prevalence
135 ranges 2%-15% in northeastern areas of the country, with an increasing trend from 2009
136 to 2012 (13%-15%) (Liu et al., 2013). In Hong Kong and India a novel species of *Dirofilaria*
137 has been also found in dogs and humans (*Candidatus* *Dirofilaria hongkongensis*) (Nazar et
138 al., 2017; Yilmiz et al., 2019). Interestingly, the sera from dogs infected by this novel
139 *Dirofilaria* species were negative when tested with the SNAP 4Dx *D. immitis* detection kit,
140 except in the case of dogs with a mixed infection with *D. immitis* (To et al., 2012). In South
141 Korea, the HW prevalence assessed by serology, was 17% in spite that 79% of examined
142 dogs were in preventive medication, probably as a consequence of too short seasonal
143 treatment (Suh et al., 2017)

144 In India, the prevalence ranges 4.7%-29.5% in Northeastern states (Borthakur et al., 2015)
145 and in Thailand the prevalence revealed by molecular methods was 18% in dogs
146 (Boonyapakorn et al., 2008) and 4.6% in cats (Sukhumavasi et al., 2012). In Sri Lanka no
147 *D. immitis* was found but *D. repens* prevalence reaches 69% in dogs and 48% in cats
148 (Mallawarachchi et al., 2018).

149

150 Africa

151 Information of the occurrence of canine dirofilariosis in sub-Saharan Africa is scarce, and
152 most are case reports. Overall, the dominant species is *Achanthocheilonema*
153 *dracunculoides* (Albtectova et al., 2011; Siwilla et al., 2015), although both *D. immitis* and
154 *D. repens* have been reported from Tunisia (Rjeibi et al., 2017), Algeria (Tahir et al., 2017),
155 Tanzania (Mukendi et al., 2016) and Mozambique (Schwan and Durand, 2000) with

156 prevalence ranging 1.4%-14.5%. In Madagascar *D. immitis* DNA and microfilariae were
157 found in wild lemurs, although no data is available for dogs (Zohdy et al., 2019).

158

159 Feline heartworm infection

160 Feline HW infection has been observed in every European country endemic for canine
161 infection when diagnosed either by Knott test or serology for circulating antibodies or
162 antigens of the parasite. However, its prevalence is a much lower than in dogs. It has been
163 reported that *D. immitis* prevalence in cats ranges from 9%-18% to that of dogs (Venco et
164 al., 2011). In endemic areas of canine HW, such as Northern Italy, the prevalence
165 assessed by echography was 6.7%, but the number of prepatent infections (aborted
166 infections) shows higher prevalence (9.5%-18.5%) confirming the infection risk for cats
167 (Venco et al., 2008). Recently, 9.4% of cats in Greece have been found infected in areas
168 endemic for canine infection (Diaku et al, 2019).

169 In Northeastern China a significant difference of prevalence was observed between feral
170 (8.4%) and domestic cats (1.4%) by serological methods (Hou et al., 2017). The
171 prevalence was higher in older cats and in free-ranging animals ((Hou et al., 2017).

172

173 Conclusion

174 The current canine HW data shows a decreasing or stable situation in Western Europe,
175 including previously hyperendemic areas. The prevalence is instead significantly
176 increasing in Eastern countries and in the Asian areas of Russia. In fact, while the
177 practitioners' and owners' awareness of the disease and the compliance for preventative
178 treatment has decreased the risk in the Western countries, several factors have influenced
179 the increase in Eastern countries. Along with the changing climate (Genchi et al., 2009),
180 factors that that have facilitated the spreading of the infection include the underestimation
181 of the risk (lack of educational campaigns), misdiagnosis (not always carried out according

182 to the current recommendations of international guidelines even in endemic areas Genchi
183 et al.), lack of prevention either because no drugs are available or for economic reasons,
184 and the high number of untreated stray dogs and wild hosts (Otranto et al., 2015), mainly
185 golden jackals (as an example Kravchenko et al., 2016; Ionică et al., 2016). The role of
186 these alternative hosts as active reservoirs is, however, still questionable because data for
187 the presence of microfilaremia are currently lacking.

188 Regarding Asia (excluding Japan) and Africa, the lack in many cases of historical data
189 does not allow any considerations about the trend of the infection. However, it must be
190 noted that when HW infection is properly looked for, it is found in dogs and cats
191 everywhere.

192 In spite of the continuing spreading of the HW infection, also as a consequence of the
193 movement of untreated and rescue dogs, *D. repens* is the main concern in Europe, mainly
194 for physicians. In fact, the infection is frequently asymptomatic in dogs, and only a few
195 reports of clinically manifest disease have been reported (Genchi and Kramer, 2017).
196 Currently, *D. repens* is showing a faster and more intense spreading through Europe
197 (Tasić-Otašević et al., 2015; Genchi and Kramer, 2017; Capelli et al., 2018). The infection
198 has been diagnosed from Portugal to Southeastern regions of Finland, Northern of Russia
199 and Estonia (Jokelainen et al., 2016; Pietikäinen et al, 2017) and in some areas its
200 prevalence exceeds that of *D. immitis*, with an increasing number of human infections
201 (Genchi and Kramer, 2017) and incidence values reaching 9.79 cases for 100,000
202 inhabitants (Salamentin et al., 2013). Many reasons make more difficult an effective the
203 control of *D. repens* than *D. immitis*: the frequent lack of clinical symptoms of suspicion,
204 the species-specific diagnosis possible only by identification of circulating microfilariae, the
205 difficulties in the control and the limited options for adulticide treatment (only moxidectin
206 has shown a complete efficacy, Petry et al., 2015). To note that both parasites have the
207 same mosquito species as intermediate hosts and vectors and, in experimental studies,

208 similar needs of temperature and time of extrinsic incubation to infective stage have been
209 shown (Genchi and Kramer, 2017; Capelli et al., 2017).

210 In conclusion, both *D. immitis* and *D. repens* are endemic in the Old World. Although
211 cases both of severe canine HW infection and zoonotic *D. immitis* infection are still
212 reported (Simón et al., 2012), the spreading of *D. repens* and the recent observation of
213 new or cryptic species (*Candidatus Dirofilaria hongkongensis* and *Dirofilaria* sp. “Thailand
214 II” (Yilmaz et al., 2019), both zoonotic, is of increasing concern.

215

216 Declaration of interest

217 None

218

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