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# 1 Multielemental fingerprinting and geographic traceability of

# 2 Theobroma cacao beans and cocoa products

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### 9 Abstract

The isotopic profile ( $\delta$ 13C,  $\delta$ 15N,  $\delta$ 18O,  $\delta$ 2H,  $\delta$ 34S) was used to characterise a wide selection of 10 cocoa beans from different renowned production areas (Africa, Asia, Central and South America). 11 The factors most influencing the isotopic signatures of cocoa beans were climate and altitude for 12  $\delta$ 13C and the isotopic composition of precipitation water for  $\delta$ 18O and  $\delta$ 2H, whereas  $\delta$ 15N and 13 δ34S were primarily affected by geology and fertilisation practises. Multi-isotopic analysis was 14 shown to be sufficiently effective in determining the geographical origin of cocoa beans, and 15 combining it with Canonical Discriminant Analysis led to more than 80% of samples being 16 correctly reclassified 17 Keywords: cocoa bean, stable isotope, IRMS, geographic origin 18

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## 20 Introduction

21 The cacao tree (Theobroma cacao L.) is a major and stable basis of agricultural income for farmers

22 in a limited tropical zone, corresponding approximately to the tenth parallel to the north and south

23 of the Equator (in particular Central America, South America, Africa and Indonesia). Its fermented

and dried beans, designated as raw cocoa, are the main raw material in chocolate manufacturing.[1]

In 2012, global production of cocoa beans was around 3945 thousand tonnes and the main world

26 producers were Indonesia and African countries such as the Ivory Coast and Ghana.[2]

27 Fresh cocoa beans undergo a fermentation and drying process in the countries of origin, where

traditional local processes[3] and specific climatic conditions can influence the final chemical

composition and flavour of cocoa to a considerable extent, [4] leading to trading of products typical

of the country of origin.[5] Three important varieties of cocoa are commonly employed: Forastero, 30 Criollo and Trinitario (the last is a crossbreed between the other two). Forasteromakes up 95% of 31 world cocoa production, but particular varieties (e.g. Criollo or the Forastero variety known as 32 Arriba), grown mainly in certain countries (e.g. Venezuela, Ecuador and Mexico), are renowned for 33 having the finest flavour and command higher prices. In general, cocoa bean prices depend on the 34 variety, seasonal weather conditions, global crop production, the position of cocoa processors and 35 36 chocolate manufacturers on the market, and last but not least, on geographical provenance.[6] As result of its status as an important global commodity, there is a high risk of commercial fraud. 37 Assessing the provenance of cocoa has become more and more important in the last few years, due 38 39 to the increasing market for high quality cocoa products and in particular for mono-origin products (e.g. chocolate from Ghana, Ecuador or Venezuela). In this framework of complex economic 40 interests, the development of an effective analytical method capable of establishing the actual 41 42 geographical provenance of cocoa beans, to detect mislabelling and prevent fraud, is one of the major issues for the chocolate industry. Several analytical techniques and statistical approaches 43 44 have been used in order to verify the origin of cocoa beans. Determination of nutritional composition (fat content) and fatty acids (FA) has been applied with promising results.[7] Carrillo 45 et al.[8] indicated the content of methylxanthines (particularly caffeine and theobromine/caffeine 46 47 ratio) as a possible marker to differentiate three cocoa-growing areas in Colombia. Cocoa beans of different origin showed different levels of gamma-aminobutyric acid[9] and different Pb isotope 48 ratios (206Pb/207Pb, 208Pb/207Pb) as well as Pb/Nd, 147Sm/144Nd and 87Sr/86Sr ratios, possibly 49 in relation to the specific impact of soil geology and pollution sources in growing and 50 51 manufacturing areas.[10] Cocoa beans are rich in polyphenols – including catechins (about 37%), anthocyanins (4%) and proanthocyanidins (58%) - responsible for the antioxidant properties of 52 cocoa.[11] Two different approaches, mass spectrometry[12,13] and HPLC,[14] were used to 53 measure the content of chiral compounds (hydroxy acids, amino acids and polyphenols) in 54 fermented and roasted cocoa beans, with the aim of discriminating products of different origin. 55

More recently, 1H NMR spectra of traded cocoa beans were used to characterise fermented cocoa 56 beans on the basis of the variety and geographical origin.[15,16] H, C, N, O and S stable isotope 57 ratios measured using Isotope Ratio Mass Spectrometry (IRMS) have been shown to be a reliable 58 tool for establishing the authenticity of a wide variety of food products, such as wine, [17] olive[18] 59 and sesame oils, [19] orange juice, [20] honey, [21] beef, [22] fish, [23, 24] shrimps [25] and 60 prawns, [26] ham, [27] milk, [28] rice, [29] lentils. [30] This is due to particular isotopic fractionation 61 62 processes, which reflect both climatic phenomena(e.g. precipitation, condensation and evaporation) and the geographical setting (e.g. altitude, latitude and continent). In a recent paper, [31] C and N 63 isotope ratios were measured in different tissues and extracts of fermented cocoa beans with 64 65 different geographical origins. In this work, for the first time, we combined the stable isotope ratios of oxygen ( $\delta$ 18O), hydrogen ( $\delta$ 2H) and sulfur ( $\delta$ 34S) with those of carbon ( $\delta$ 13C) and nitrogen 66  $(\delta 15N)$ , measuring them in bulk samples of a wide selection of cacao beans from different areas 67 68 (Africa, Asia, Central and South America). The scope of the work was to verify the ability of isotopic profiles to trace the origin of cocoa beans produced in different continents and countries. 69

70

#### 71 Materials and methods

#### 72 Sampling

53 samples of fermented and dried cocoa beans of known geographic origin and coming from the principal cocoa producing Countries in the world, were kindly provided by Barry Callebaut (Belgium). The sampling is representative of the average world production. The countries and the subcontinental macroareas of provenance are summarized in Table 1 All the samples belonged to Forastero variety except one Mexican sample that belonged to Criollo subspecies. The samples were kept in plastic bags at room temperature in a dry and dark place until preparation and analysis.

79

#### 80 Stable isotope analysis

81 The stable isotope ratios of H, C, N, O and S were measured in the bulk ground cocoa beans.

The <sup>13</sup>C/<sup>12</sup>C, <sup>15</sup>N/<sup>14</sup>N and <sup>34</sup>S/<sup>32</sup>S ratios were measured in one run (around 0.5 mg) using an isotope ratio mass spectrometer (IRMS) (IsoPrime, Isoprime Limited, Germany) following total combustion in an elemental analyser (VARIO CUBE, Isoprime Limited, Germany). The <sup>2</sup>H/<sup>1</sup>H and <sup>18</sup>O/<sup>16</sup>O ratios were measured in one run (around 0.5 mg) using an IRMS (Finnigan DELTA XP, Thermo Scientific) coupled with a Pyrolyser (Finnigan TC/EA, high temperature conversion elemental analyser, Thermo Scientific).

The values were expressed, according to the IUPAC protocol (32), in  $\delta = (R_{sample} - R_{standard})/R_{standard}$ 88 where R is the ratio between the heavier isotope and the lighter one, against international standards 89 (Vienna-Pee Dee Belemnite (V-PDB) for  $\delta^{13}$ C, Air for  $\delta^{15}$ N, Cañon Diablo Troilite (V-CDT) for 90  $\delta^{34}$ S, Vienna-Standard Mean Ocean Water (V-SMOW) for  $\delta^{2}$ H and  $\delta^{18}$ O). Sample analyses were 91 carried out in duplicate. For  $\delta^{13}$ C and  $\delta^{15}$ N the isotopic values were calculated against working in-92 house standards (protein), which were themselves calibrated against international reference 93 materials: fuel oil NBS-22 (IAEA-International Atomic Energy Agency, Vienna, Austria) for 94 <sup>13</sup>C/<sup>12</sup>C, sugar L-glutamic acid USGS 40 (U.S. Geological Survey, Reston, VA, USA) for <sup>13</sup>C/<sup>12</sup>C 95 and  ${}^{15}N/{}^{14}N$  and potassium nitrate IAEA-NO<sub>3</sub> for  $\delta^{15}N$ . 96

97 The  $\delta^2$ H and  $\delta^{18}$ O values were calculated against CBS (Caribou Hoof Standard  $\delta^2$ H = -197 ± 2 ‰ 98 and  $\delta^{18}$ O = +2.4 ±0.1 ‰) and KHS (Kudu Horn Standard,  $\delta^2$ H = -54 ± 1 ‰ and  $\delta^{18}$ O = +21.2 ± 0.2 99 ‰) through the creation of a linear equation and adopting the comparative equilibration procedure 100 (33). We used these two keratinous standards because of the absence of any international organic 101 reference material with a similar matrix of ours.

102 The  $\delta^{34}$ S values were calculated against barium sulphates IAEA-SO-5, NBS 127 (IAEA) and a 103 calibrated protein working standard through the creation of a linear equation.

104 The uncertainty (2 s) of measurements was <0.3‰ for the  $\delta^{13}$ C,  $\delta^{15}$ N and  $\delta^{34}$ S analysis and <1‰ 105 for  $\delta^{18}$ O, <3‰ for  $\delta^{2}$ H.

#### 107 Statistical analysis

All statistical analysis were carried out applying Statistica 9.1. (StatSoft Italia sr, Padua, Italy). Honestly significant difference (HSD) Tukey test for an unequal number of samples was applied in order to identify differences between the isotopic ratios of cocoa beans from various geographic origins. Correlations between parameters were checked using a Pearson correlation test. A Canonical Discriminant Analysis was performed in order to assess the capability of the isotopic profile to discriminate between cocoa beans according to their geographic provenance.

114

#### 115 **Results and discussion**

- 116
- 117  $\delta^{13}C$
- 118

δ13C ranged from -29.7‰ to -25.9‰ (Fig. 1). Similar variability ranges (from -29.4‰ to -25.3‰) 119 were found in the study of Santato et al.[35] for coffee beans cultivated in the same tropical areas. 120 The work of Diomande et al. [31] focusing on samples from the Ivory Coast (Africa) (37 out of a 121 total of 61 samples), reported a similar but wider range than that found in our study for this country 122 (from -32.7 to -28.6‰vs -29.4 to -28.6‰). As regards other countries common to the study of 123 Diomande et al.,[31] the values for some of them are similar to those found in this study (i.e. 124 Ghana, Venezuela, Peru, Ecuador), whereas in other cases the values reported by Diomande and 125 colleagues were slightly lower (i.e. Dominican Republic, Papua New Guinea and Indonesia). As 126 shown in Fig. 1, δ13C made it possible to discriminate Central America and most of West Africa, 127 located in the northern hemisphere, from the other macro-areas located in the southern hemisphere 128 (South America and East Africa). Moreover, different  $\delta 13C$  values were found within the continent, 129 e.g. between Tanzania and Uganda in East Africa (P<0.05). It is worth noting that the particularly 130

high  $\delta 13C$  values in Uganda were also recently described in sesame[19] probably in relation to the 131 geographical characteristics of this country (most of Uganda is a plateau with a height of 1000 -132 1200 meters with a mean temperature of 21-23°C with limited changes along the year). 133 Plants normally exhibit higher  $\delta 13C$  values when high temperatures, low air humidity and a high 134 ground-water deficit lead to narrower stomatal apertures in the leaves of plants. [36,37] In addition, 135  $\delta 13C$  is very sensitive to soil water deficiency.[38] For the optimum development of cocoa trees a 136 hot and humid atmosphere is essential[6]; indeed in cocoa-producing countries, relative humidity 137 is generally high: often as much as 100% during the day, falling to 70–80% during the night.[39] In 138 our case, as reported in a previous study for different plant species, [39,40] it is more likely that the 139 140 higher  $\delta 13C$  is correlated with the higher altitude of the cocoa crops. As reported by Körner et al.,[40] the ratio of internal to external partial pressure of CO2 (Pi/Pa) in leaves of high elevation 141 plants is lower than in leaves at low altitude. Despite the small number of samples (not from the 142 143 Ivory Coast) in the study by Diomande et al. [31] the same general trend is confirmed, with the lowest values in Central America (Dominican Republic) and the highest in South America 144

### 145 $\delta^2 H$ and $\delta^{18} O$

Hydrogen and oxygen stable isotopes of plant materials are strongly linked to the climatic conditions 146 147 (relative humidity, temperature and amount of precipitation) and geographical characteristics (distance from the sea or other evaporation source, altitude and latitude) of the area where the plants 148 grew. [18,29,41–44] East Africa (Uganda) shows significantly higher  $\delta$ 180 (Fig. 1) than the other 149 macro-areas, while Peru and Asia have the lowest. In this case, Central America is not separable 150 from countries in the southern hemisphere. As reported by Carter et al.[45] for coffee, the narrow 151 tropical belt appropriate for growing cocoa trees (10° to the north and south of the Equator) seems 152 not to justify a latitude effect (i.e. the decreasing of  $\delta 2H$  and  $\delta 18O$  values with increasing 153 latitude).[46] In this case  $\delta$ 18O seems to be mainly influenced by the isotopic signature of rainfall 154 precipitation. To evaluate the correlation with this factor, in the absence of direct measurement of 155 156 the  $\delta 180$  of rainwater, we used water isotope data from the Global Network for Isotopes in

Precipitation (GNIP) database administered by the International Atomic Energy Association and 157 World Meteorological Organization.[47] The data available are monthly weighted average 158 precipitation ( $\delta$ 2Hp and  $\delta$ 18Op) values for sites in all seven continents and islands, spanning from 159 1960 to the present. As shown in Fig. 2a, where countries are grouped according to the ranges of the 160 weighted annual  $\delta$ 180 of world precipitation of the GNIP database, the  $\delta$ 180 of cocoa is evidently 161 correlated with the  $\delta$ 180 of precipitation. Uganda shows the highest values ( $\delta$ 180 rainfall>-2‰ and 162  $\delta 180 \operatorname{cocoa} > +28\%$ ), while Perù has the lowest ( $\delta 180 \operatorname{rainfall} < -10\%$  and  $\delta 180 \operatorname{cocoa} < +21\%$ , 163 except for one sample). As reported for other plant products, such as olive oil,[18] or orange 164 juice, [20] in cocoa beans  $\delta$ 2H is correlated with  $\delta$ 18O (Fig. 3). Indeed, the  $\delta$ 2H trend in the 165 166 countries considered is similar to that of  $\delta$ 18O, with the highest value in East Africa (Uganda) and the lowest in South America (Peru) and Asia (Fig. 1). Particularly high  $\delta 2H$  values were previously 167 also reported in sesame oil from Uganda.[19] As shown in Fig. 2b, there is a good correlation 168 169 (P<0.01) between the  $\delta$ 2H of cocoa and the weighted annual  $\delta$ 2H of world precipitation reported in the GNIP database. Santato et al.[35] and Carter et al.[46] found similar values for both the  $\delta$ 180 170 171 and  $\delta 2H$  of coffee beans, with the highest values in Africa, coffee being cultivated in the same 172 climatic conditions, countries and at the same altitude as cocoa. As regards the data for South America, it is not possible to compare the results because of the different countries considered 173 174 within the macro-area.

175

### 176 $\delta^{15}$ N and $\delta^{34}$ S:

These two parameters are affected by the pedoclimatic and geological conditions of the soil and by the agricultural practices adopted, such as fertilisation.[48,49] Indeed inorganic fertilisers have  $\delta 15N$  values close to that of atmospheric nitrogen (from -6 to +6‰), whereas manure and other organic fertilisers can be substantially enriched (from +1 to +37‰). In the case of cocoa beans, fertiliser is needed for growth because of the poverty of the soil.[51] Very important for  $\delta 34S$ variability in plants, is the so-called sea spray effect, i.e. aerosol particles, formed directly from the

ocean and with a high  $\delta$ 34S value (+20‰) that fall along the coasts of the country, making it 183 possible to characterise these areas for higher  $\delta$ 34S values.[51] As reported in Figs. 1,  $\delta$ 15N ranged 184 from +2.6% to +7.2% and  $\delta$ 34S from -2.4% to +13.0%. Significant differences were found 185 between some macro-areas (e.g.  $\delta 34S$  in West Africa was significantly higher than in South 186 America, East Africa and Asia) and particularly within macro-areas. A similar range for the  $\delta 15N$ 187 of cocoa beans (+1.14 to +7.26‰) was found by Dimande et al.[31] who reported a wider range, as 188 compared with our samples from the Ivory Coast, (+3.6%to +9.1%vs +5.2%to +6.5%) as 189 190 observed above for  $\delta 13C$ . As regards countries in common in the studies, other than the Ivory Coast, some presented  $\delta 15N$  values similar to those found in this study (Dominican Republic, 191 192 Venezuela and Peru) whereas others presented slightly different values (Ghana, Papua New Guinea, Ecuador and Indonesia). In both studies, the lowest values were in Asia, where the average intensity 193 of synthetic fertiliser use is much higher (101 kg/ha in 2002) than elsewhere (e.g. Africa 8 194 195 kg/ha).[50] The results are comparable with the range found by Santato et al.[35] in coffee beans (+0.6% to 7.1%). In the case of  $\delta$ 34S, an important contribution may come from the volcanic 196 197 origin of the soil, which could justify for example the low values in Mexico, Ecuador and Peru (up to -2‰), or from the sea spray effect, which particularly affects the coast of islands such as São 198 Tomé in Africa (up to +13%).[51] 199

#### 200 Combination of isotope composition:

Given that in many cases combining several analytical parameters has previously shown the 201 potential to improve the ability to discriminate food origin, [21,29] multivariate canonical 202 discriminant analysis was applied to the isotopic data determined in cocoa beans, in order to 203 204 establish whether it is possible to enhance discrimination between different countries. For this approach, we decided to consider only countries with aminimum of four samples. As reported in 205 Table 1, these were the Dominican Republic, Peru, Venezuela, Ghana, Ivory Coast, Nigeria, São 206 207 Tomé and Principe, Tanzania and Papua New Guinea. Canonical discriminant analysis, CDA (Fig. 4) is a form of statistical analysis that maximises the difference between groups by combining 208

variables, and it was applied to  $\delta 13C$ ,  $\delta 15N$ ,  $\delta 34S$ ,  $\delta 18O$  and  $\delta 2H$ . The canonical variable CAN1 209 was loaded negatively with  $\delta$ 34S (standardised coefficient: -0.96) and positively with  $\delta$ 15N (0.53), 210 while CAN2 was loaded negatively with  $\delta 15N$  (standardised coefficient: -0.94) and positively with 211  $\delta 13C$  (0.54). The model was able to effectively discriminate between the samples, with a mean 212 percentage of reclassification of 81%. In particular, typical fertilisation practices (with synthetic 213 fertiliser), and the consequently low  $\delta 15N$  values, justified 100% correct classification of Papua 214 New Guinea samples, whereas high  $\delta$ 34Scombined with low  $\delta$ 15N justified the good discrimination 215 of the island of São Tomé (100% correct classification). Finally, the very low  $\delta$ 34S values made it 216 possible to characterise and differentiate Peru (86% correct classification). To test the predictive 217 218 discrimination power and the stability of this model a cross validation was used. In detail, three different sets of nine samples, about 20% of the original database were randomly selected, and 219 removed from the dataset. Each time the model was calculated on the remaining cases and was 220 221 validated with all the samples (including the excluded samples). In all analyses, around 84% of the samples were correctly classified in the right geographical region (ranging from 81% to 88% 222 according to the considered model). The 100% of the right classifications of Papua New Guinea, 223 São Tomé and Peru were confirmed in all the three validation models. The combination of the 224 stable isotope ratios with the trace element profile[52] and/or with the stable isotope ratios of heavy 225 elements would improve origin prediction of cacao beans, 226 as observed for other commodities.[36,53] 227

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368	Figure captions:
369 370	Figure 1. Box and whisker plot graphs and the results of the Unequal N Tukey's HSD test on the
371	isotopic values of cacao samples grouped by macro-area ( $\delta 13C$ ; $\delta 18O$ ; $\delta 2H$ ; $\delta 15N$ ; $\delta 34S$ ) of cocoa
372	beans collected . Mean values of macroareas with different letters are significantly different
373	(P<0.001): □,median; □, 25%-75%; ¯, sp. not-outlier; , outlier; extreme.
374	
375	Figure 2. Box and whisker plot graphs of the isotopic values (a, $\delta 180$ ; b, $\delta 2H$ ) of cocoa beans
376	collected in different countries, plotted against weighted annual $\delta 180$ (a) and $\delta 2H$ (b) of world
377	precipitation reported in the GNIP database. □, median; ; □, 25%-75%; ¯, sp. not-outlier; , outlier;
378	extreme. Group 1 (Peru), 2 (Ecuador, Indonesia, Papua New Guinea), 3 (Santo Domingo, Mexico,
379	Venezuela, Ghana, Ivory Coast, Nigeria, Sierra Leone, São Tomé, Tanzania), 4 (Uganda).
380	
381	Figure 3. Plot of the distribution of $\delta$ 2H and $\delta$ 18O values for cocoa beans.
382	
383	Figure 4. Scatter plot of the first two canonical variables in stepwise discriminant analysis
384	(cumulative variance explained: 81%). based on the isotopic composition of cocoa beans of
385	different geographical origin
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Central       Dominican Republic         America       Mexico         South America       Ecuador         Perù       Venezuela         West Africa       Ghana         Ivory Coast       Nigeria         São Tomé and       Principe         Sierra Leone       East Africa         Tanzania       Uganda         Asia       Indonesia         Papua New Guinea	Macroarea	Country	Cocoa beans
MexicoSouth AmericaEcuador Perù VenezuelaWest AfricaGhana Ivory Coast 	Central America	Dominican Republic	
South America Ecuador Perù Venezuela West Africa Ghana Ivory Coast Nigeria São Tomé and Principe Sierra Leone East Africa Tanzania Uganda Asia Indonesia Papua New Guinea		Mexico	
Perù Venezuela West Africa Ghana Ivory Coast Nigeria São Tomé and Principe Sierra Leone East Africa Tanzania Uganda Asia Indonesia Papua New Guinea	South America	Ecuador	
VenezuelaWest AfricaGhana Ivory Coast Nigeria São Tomé and Principe Sierra LeoneEast AfricaTanzania UgandaAsiaIndonesia Papua New Guinea		Perù	
West Africa Ghana Ivory Coast Nigeria São Tomé and Principe Sierra Leone East Africa Tanzania Uganda Asia Indonesia Papua New Guinea		Venezuela	
Ivory Coast Nigeria São Tomé and Principe Sierra Leone East Africa Tanzania Uganda Asia Indonesia Papua New Guinea	West Africa	Ghana	
Nigeria São Tomé and Principe Sierra LeoneEast AfricaTanzania UgandaAsiaIndonesia Papua New Guinea		Ivory Coast	
São Tomé and Principe Sierra Leone East Africa Tanzania Uganda Asia Indonesia Papua New Guinea		Nigeria	
Principe Sierra Leone East Africa Tanzania Uganda Asia Indonesia Papua New Guinea		São Tomé and	
East Africa Tanzania Uganda Asia Indonesia Papua New Guinea		Principe	
East Africa Tanzania Uganda Asia Indonesia Papua New Guinea		Sierra Leone	
Uganda Asia Indonesia Papua New Guinea	East Africa	Tanzania	
Asia Indonesia Papua New Guinea		Uganda	
Papua New Guinea	Asia	Indonesia	
		Papua New Guinea	

# Table 1. Number of samples and geographic provenance of cocoa beans

411 Figure 1 a



- 414 Figure 1b







- 419 Figure 1d







436 Figure 2a















Figure 4